

Feng Shui For Real Life E-zine Volume 9, Issue #7, July 2009



Welcome to the Feng Shui For Real Life E-zine, a monthly e-mail magazine that provides Feng Shui tips, success stories, clutter-clearing advice, and other information to help you bring simple Feng Shui improvements into your life. This e-zine is available by request.

Please visit my website FengShuiForRealLife.com.

--Carol Olmstead

What's New This Month

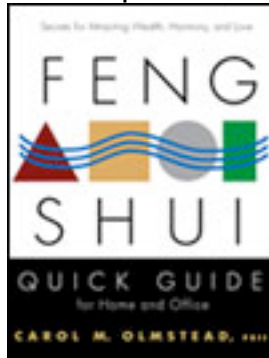
The Feng Shui For Real Life E-zine is on summer vacation for July! Please enjoy this abbreviated version until the full e-zine returns in August.

Carol's 10 Favorite Summer Feng Shui Tips

Whether you are planning a trip or taking a "staycation," here are 10 of my favorite summer Feng Shui tips to try out this month:

1. Home colors too hot? If your home is decorated in Fire Element colors (red, purple, orange), balance them with Metal Element colors (white, ice blue, pale green) in accents like pillows, tablecloths, or napkins for a calming and cooling effect.
2. House a mess? A cluttered room will make you feel overheated and tense. Clear the clutter to put out some of the fire.
3. Too much light? Shut off the ceiling lights and use table lamps for lighting.
4. Feeling dry and parched? Create the cooling effect of water with a small fountain, or play a CD with the sound of light rain.
5. Rooms too hot? Change the location of home activities to the rooms with less sun exposure. Or, eat outside on the shady side of house for a cooling change of pace.
6. Ceiling fan above your bed? A fan helps circulate the air, but its harsh, corkscrew energy can cause pain or illness. Hang a crystal from the pull chain to symbolically lessen the cutting force.
7. Cooking outside? Even if you prefer using the barbecue grill in hot weather, use your stove occasionally because an unused stove implies untapped resources or ignored opportunities.
8. Old furniture on your porch? Your porch or deck is considered part of your home in Feng Shui, so choose high-quality outdoor furniture and keep it clean.
9. Desk drawer a mess? Give your desk drawer a vacation from clutter by tossing non-usable items, especially those dried-up pens, pencils with worn down erasers, and bent paper clips.
10. House unoccupied? When you go on vacation your empty house becomes passive, yin energy that can draw negative energies like burglars. To balance this, set timers to turn on several lights and a radio set to a talk station to create active, yang energy in the house.

These tips comes from the Daily Calendar in the:



***Feng Shui Quick Guide For Home and Office --
Secrets For Attracting Wealth, Harmony, and Love***

By Carol M. Olmstead, FSII

ISBN: 978-0-9815735-0-2

296 pages. \$15.95

- Feng Shui Basics · Guide to Clutter Clearing
- Daily Calendar of 366 Tips · Basics · Glossary

Order at Amazon.com or <http://www.tinyurl.com/fengshuiquickguide>.

Sizzling Summer Sale!

Give the Gift of the Feng Shui Quick Guide

Save 40%

Order 10 books for only \$99.99 plus S&H

Summer is the best time to order several copies of the *Feng Shui Quick Guide For Home and Office* during the annual *Sizzling Summer Sale*. Giving a gift of the *Quick Guide* is a unique way to treat your friends, thank your clients for their business, and for Realtors to give at closing to help buyers settle into their new home.

Here is what people are saying about the Feng Shui Quick Guide For Home and Office:

I bought 10 books to give to my clients at closing. I figure that if I have the books available, it's a symbol that I will certainly sell at least that many houses!

~ A. Valenza, Realtor

Feng Shui has finally made it into the mainstream with Carol Olmstead's new book. It gives a practical approach that I find useful in my daily life, and includes a calendar of 366 Feng Shui tips that are great fun to read and employ in your daily life.

~ J. Greenberg, Life Coach

I wish I had read this book years ago.

~ W. Epstein, Travel Agent

Order your copies while the offer lasts!

1-800-652-9038

Upcoming Author Events

Celebration of Excellent Women

September 10, 3:00-6:00pm

Sandia Resort and Casino, Albuquerque

I will be signing books at this networking event and expo.

Special \$25 discounted registration available until August 15. To register, check out www.CelebrationofExcellentWomen.com.

New Mexico Women Authors' Book Fiesta

September 26, 2009, 11:00am-5:00pm

Milner Plaza at Museum Hill, Santa Fe, NM

I am one of the 65 women authors selected to participate in this annual event. I will speak about Feng Shui and sign my book in the Creative Arts Pavilion at 1:30pm.

Feng Shui Website at BellaOnline.com

While this e-zine is on hiatus, read the articles I post weekly on my Feng Shui site at BellaOnline.com. Be sure to post your questions and suggestions for topics in the discussion forum on the site. The direct link is <http://fengshui.bellaonline.com/Site.asp>.

FYI

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Make Sure You Receive Every Issue of This E-zine.

To ensure that your copy of the Feng Shui For Real Life E-zine does not get caught in any SPAM filters, please add my e-mail address to your address book or approved senders list.

Check the E-zine Archives.

If you missed any previous issues of the Feng Shui For Real Life E-zine, the archives can be accessed via the newsletter subscribe page on my website.

Schedule a Consultation or Workshop.

If you would like to set up a home, office, or business consultation, or schedule a customized workshop, contact:

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Call toll free 1-800-652-9038 or e-mail carol@FengShuiForRealLife.com



Guild.

Carol M. Olmstead, FSII, has been certified by the Feng Shui Institute of America, and was awarded Red Ribbon Professional Status from the International Feng Shui

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